



**To all the Marfan young adults!**

*You are between 18 and 28 years old?*

*You want to meet young adults from other countries that have Marfan syndrome?*

*You like meeting new people?*

*You want to exchange ideas about Marfan-related as well as other topics?*

*You want to be part of a European young adults Marfan network?*

Don't hesitate to become part of a European young adults Marfan network, if you can answer one of the questions above with a simple YES!. This is a great opportunity to connect with other young adults with Marfan syndrome across Europe.

For those of you who don't know me, a quick introduction: I am Karina Zeyer and I am the "Young adults representative" of the Marfan Europe Network. I am 28 years old and I live in Freiburg, in southern Germany.

We just had a meeting with 11 Young Adults from all over Europe in Norway. We decided to stay in touch and exchange ideas via Facebook and WhatsApp. If you are interested in joining us, just send an email to [jugend@marfan.de](mailto:jugend@marfan.de) or join our Facebook group Marfan Youth of Europe:

<https://www.facebook.com/groups/marfanyouthofeurope/>

We also plan to have a Young Adults meeting in 2020. If you are interested, just send me an email and I will keep you posted.

If you know other young adults between 18 and 28 who could be interested, feel free to forward this message!

Hoping to hear from you soon!

Karina